## **CLAIMS**

I claim:

1. A method for connecting a cable to a disconnectable electrical joint wherein the connection is covered by a sleeve, said method comprising:

positioning a sleeve over a cable;

providing a barrier head bolt comprising a torque head portion and a main bolt portion, wherein the torque head portion extends from the main bolt portion a sufficient distance such that the sleeve cannot be properly positioned while the torque head portion is attached to the main bolt portion;

joining the cable to a disconnectable joint via the main bolt portion of the barrier head bolt;

tightening the torque head portion to a predetermined tightness such that at least a portion of the torque head portion detaches from the barrier head bolt; and

positioning the sleeve over the connection between the cable and the joint.

- 2. The method according to claim 1, wherein the torque head portion is tightened to about 50 to 60 foot-pounds.
- 3. The method according to claim 2, wherein the torque head portion is tightened via a non-torque wrench tool.
- 4. The method according to claim 1, wherein the torque head portion comprises an extended head portion and a stem portion and wherein the method further comprises positioning

a barrier member between the torque head portion and the main bolt portion, wherein the barrier member inhibits a tool from engaging the main bolt portion.

- 5. The method according to claim 1, wherein the torque head portion comprises a head portion and a stem portion and where the stem portion further comprises an undercut to facilitate detachment of the extended head portion from the main bolt portion.
- 6. A barrier head bolt for connecting a cable to a disconnectable joint, and wherein the connection is to be covered by a sleeve, the barrier head bolt comprising:

a torque head portion and a main bolt portion, wherein the torque head portion comprises an extended head portion and a stem portion and wherein the main bolt portion is designed to connect a cable to a disconnectable joint;

at least a portion of the torque head portion extending from the main bolt portion a sufficient distance so as to inhibit the placement of a sleeve on the connection between the cable and the disconnectable joint; and

the extended head portion being designed to detach from the main bolt portion at a predetermined torque, such that the sleeve can be properly positioned on the joint.

- 7. The barrier bolt according to claim 6, wherein the extended head portion is designed to detach at about between 50 to 60 foot-pounds.
- 8. The barrier bolt according to claim 6, wherein the stem portion comprises an undercut.
- 9. The barrier bolt according to claim 6, further comprising a barrier member positioned proximate the stem portion.

- 10. The barrier bolt according to claim 9, wherein barrier member is formed integral with the stem potion.
- 11. The barrier bolt according to claim 6, wherein the disconnectable joint is an I, Y or H joint.
- 12. The barrier bolt according to claim 6, wherein the torque head portion and the main bolt portion are formed as separate pieces.
- 13. The barrier bolt according to claim 6, wherein the extended head portion and the stem portion are formed as separate pieces.